



DOSING CHART

Acetaminophen: Give every four to six hours as needed. Don't exceed five doses in 24 hours.

mL = milliliter tsp = teaspoon		Infants' Oral Suspension	Children's Acetaminophen Oral Suspension	Children's Acetaminophen Meltaway Chewable Tablets (80 mg)	Jr. Acetaminophen Meltaway Chewable Tablets (160 mg)
Acetaminophen	Weight				
	6-11 lbs.	1.25 mL	—	—	—
	12-17 lbs.	2.5 mL	—	—	—
	18-23 lbs.	3.75 mL	—	—	—
	24-35 lbs.	5 mL	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
	60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets	

Ibuprofen: Give every six to eight hours as needed. Don't exceed four doses in 24 hours. Always give with food.

Weight		Infant Drops 50 mg/1.25 mL	Children's Suspension Liquid 100 mg/5 mL	Children's Chewable Tablets 50 mg each	Jr. Strength Chewable Tablets/Motrin Tablets 100 mg each
Ibuprofen	12-17 lbs.	1.25 mL	—	—	—
	18-23 lbs.	1.875 mL	—	—	—
	24-35 lbs.	—	5 mL (1 tsp)	2 tablets	—
	36-47 lbs.	—	7.5 mL (1.5 tsp)	3 tablets	—
	48-59 lbs.	—	10 mL (2 tsp)	4 tablets	2 tablets
	60-71 lbs.	—	12.5 mL (2.5 tsp)	5 tablets	2.5 tablets
	72-95 lbs.	—	15 mL (3 tsp)	6 tablets	3 tablets

*If under 6 months of age, please consult your pediatrician.



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Diphenhydramine (Benadryl): Give every six hours as needed. Avoid diphenhydramine under 6 years of age unless instructed by healthcare provider.

	Weight	Liquid 12.5 mg	Liquid 12.5 mg/5 mL	Chewable 12.5 mg	Tablets 25 mg	Capsules 25 mg
Diphenhydramine	20-24 lbs.	0.75 tsp	4 mL	—	—	—
	25-37 lbs.	1 tsp	5 mL	1 tablet	0.5 tablet	—
	38-49 lbs.	1.5 tsp	7.5 mL	1.5 tablets	0.5 tablet	—
	50-99 lbs.	2 tsp	10 mL	2 tablets	1 tablet	1 tablet
	100+ lbs.	—	—	4 tablets	2 tablets	2 tablets

Many times parents have problems and questions related to giving medication the correct way. The following tips may be helpful:

- Never guess how much medication to give. Use correct dosing cup or syringe.
- Make sure you read the label each time you give a drug. Never give medicine in the dark.
- For infants, use a syringe or oral dropper to squirt the medication between the baby's tongue and the side of the mouth. Do not squirt the medicine into the back to the throat, this could make your child gag or spit the medicine out.
- Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medication. If you use a teaspoon, it should be a measuring spoon. Regular spoons are not reliable. Also, remember that 1 level teaspoon equals 5 mL and that ½ a teaspoon equals 2.5 mL.

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